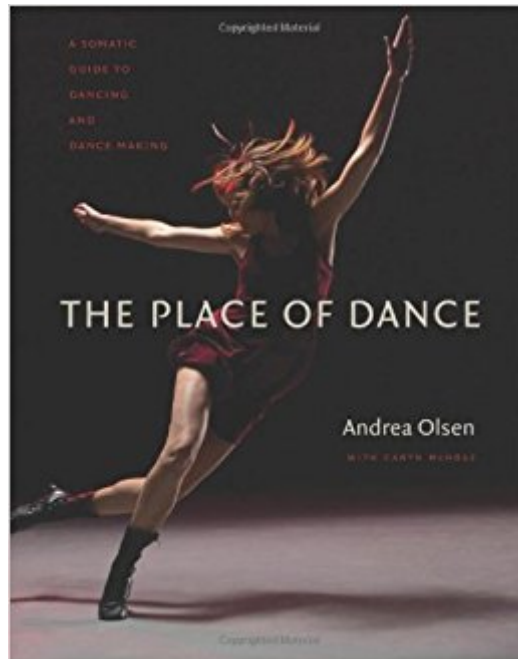




**Ebook Directory**  
the best source of ebook

The book was found

# The Place Of Dance: A Somatic Guide To Dancing And Dance Making



## Synopsis

The Place of Dance is written for the general reader as well as for dancers. It reminds us that dancing is our nature, available to all as well as refined for the stage. Andrea Olsen is an internationally known choreographer and educator who combines the science of body with creative practice. This workbook integrates experiential anatomy with the process of moving and dancing, with a particular focus on the creative journey involved in choreographing, improvising, and performing for the stage. Each of the chapters, or "œdays," introduces a particular theme and features a dance photograph, information on the topic, movement and writing investigations, personal anecdotes, and studio notes from professional artists and educators for further insight. The third in a trilogy of works about the body, including Bodystories: A Guide to Experiential Anatomy and Body and Earth: An Experiential Guide, The Place of Dance will help each reader understand his/her dancing body through somatic work, create a dance, and have a full journal clarifying aesthetic views on his or her practice. It is well suited for anyone interested in engaging embodied intelligence and living more consciously.

## Book Information

Paperback: 288 pages

Publisher: Wesleyan (January 30, 2014)

Language: English

ISBN-10: 0819574058

ISBN-13: 978-0819574053

Product Dimensions: 1 x 8.2 x 10.8 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 6 customer reviews

Best Sellers Rank: #312,205 in Books (See Top 100 in Books) #79 in Books > Arts &

Photography > Performing Arts > Dance > Classical #25371 in Books > Humor & Entertainment

## Customer Reviews

"This title explores four movement themes: moving, making, collaborating, and living. | Olsen provides useful ideas, structure, and support for those interested in movement exploration." "Barbara Kundanis, Library Journal" "This latest book offers dancers a way to explore their craft at a deeper level in a 31-day somatic guide. For every day, Olsen presents section prompts that push readers to do, to dance, to speak and to present "but also to write. She encourages them to explore a different discipline by placing the dance stories of their lives on paper,

and suggests a number of angles from which to do so. Olsen's book could be instructive to women's memoirists as well. | She employs global visual images, stories, and practices. | Olsen's style serves as an example of how to bring creativity to memoir, even though Olsen herself may not term her book a memoir. • "Lanie Tankard, *Women's Memoirs* • Olsen finds her fresh edge with a holistic vision with which to dance, make dances and move through life. • "Desirée Dunbar, *Dance International Magazine* • This book provides contemporary dance makers with a guide for developing personal creative process. | Well-chosen black-and-white photos and illustrations support the text. • "S.E. Friedler, *Choice*

• The Place of Dance is a timely reminder of how available, delicious and essential movement is, for all of us. Andrea Olsen prompts us to go ahead, imagine, and do: sink to the floor, lean back and look at the ceiling, and enjoy the unexpected choreographic moment. This book is for our dancing selves, our collaborative selves, our entrepreneurial selves, and it offers strategies and inspiration to find • and keep • dancing in our lives. • (Bebe Miller, choreographer and artistic director, Bebe Miller Company, and professor of dance, Ohio State University) • The Place of Dance is a gift to the world of dance and to the world at large. Anyone who has seen or been involved in a dance of any kind must read this book. It opens doors to the lovely visceral mystery of the art form. It will likely become a teacher's guide as well. Andrea Olsen has created a literate reflective surface from which to envision the body in motion. • (David Dorfman, dance department chair, Connecticut College, and artistic director, David Dorfman Dance) • The authors are visionaries, weaving environmental, evolutionary, and biological science into dance practice in terms that dancers use in their everyday studio work. Embodiment is key, for it is through embodiment that we learn to feel our environment and value our interrelatedness. The Place of Dance shows how to build a sustainable creative practice that includes the whole dancer through an interconnected modeling of the physical. • (Melinda Buckwalter, author of *Composing While Dancing: An Improviser's Companion*)

Whoa! This is the type of text that I will read over and over and likely get new inspirations each time.

So much of what is written informs my deep explorations as I work alone or with my students.

Wonderful book. I love it.

A beautiful book.

This book doesn't fit into any small box. It's not just a history although much history is told. It's not a complete "how to", although there are many exercises for the reading. And it's not a full guide to dance interpretation, although it's filled with helpful insights. Rather, it's a beautifully crafted "handbook" about dance, a thoughtful guide, one that will help anybody, whether dancer or not, better understand and appreciate dance. I've been perusing this book, opening to random pages and then reading forward, and have been delighted each time. I do look forward to a retreat when I can read it cover to cover. Disclosure: Some of the photographs in the book are mine. However, I've had no role in content or organization of the book.

I love this book! It is a work of art itself. Andrea Olsen really crafted with book. The essays, exercises, sidebars, and images are thoughtful and extensive. She brings in many other artists' voices and perspectives throughout the book. If you are looking for a book about the impact of somatics and somatic thinking on all aspects of dance - training, composing, choreographing, etc. - this is your resource! The book can offer seasoned contemporary teachers, working at the college level, ideas for new explorations with your undergraduates and graduate level students.

[Download to continue reading...](#)

The Place of Dance: A Somatic Guide to Dancing and Dance Making Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days The Ultimate Soap Making Guide: Unique Soap Making Recipes & Complete Soap Making Guide for Beginners (Soap Making at Home, Soapmaking Guide, Soap Making Recipes, Soap Making Book) Swing Dancing: Put on Your Dancing Shoes and Get With Hip-Swinging, Toe-Tapping Swing Dancing Tap Dancing (Dance, Dance, Dance) Dancing Standing Still: Healing the World from a Place of Prayer; A New Edition of A Lever and a Place to Stand Treating Somatic Symptoms in Children and Adolescents (Guilford Child and Adolescent Practitioner Series) Anti Aging Secret of the Animals - Learn the Simple Somatic Movements That Can Cure Back Pain, Restore Your Flexibility and Rejuvenate Your Body to Its Natural, Youthful State Today! Neuropsychological Evaluation of Somatoform and Other Functional Somatic Conditions: Assessment Primer (American Academy of Clinical Neuropsychology/Psychology Press Continuing

Education Series) The Practice of Pure Awareness: Somatic Meditation for Touching Infinity  
Somatic Dysfunction in Osteopathic Family Medicine The Awakening Body: Somatic Meditation for  
Discovering Our Deepest Life Somatic Descent: Experiencing the Ultimate Intelligence of the Body  
Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a  
Cruise, at a Formal, and in Dance Classes Ballroom Dancing: The Complete Guide to Ballroom  
Dance Lessons, Ballroom Dance Wedding and More How to Dance: Learn How to Line Dance,  
Belly Dance, Ice Dance and More Dancing Longer, Dancing Stronger: A Dancer's Guide to  
Improving Technique and Preventing Injury Dancing Many Drums: Excavations in African American  
Dance (Studies in Dance History) The Robert Audy Method: Jazz Dancing: Teach yourself the  
combinations and routines while keeping in shape and learning some disco dancing at the same  
time!

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)